



HOLLY TRIPPE

Helps out with school Netball Team
Umpires at Festivals

Tell us about your volunteering?

I help at my school netball team with new players aged 11-12 and in previous years have helped out with the same age group and the year above. I also help umpire at primary festivals to help ensure that young people have opportunities to try new sports.

How long have you been volunteering?

1 Year

Why did you start volunteering and why do you continue to?

Because I want to **inspire a generation**, the same way I was inspired at that age.

How has volunteering benefitted you?

It has enhanced my **CV** and improved my **wellbeing** and **mental health**.

Why would you recommend volunteering to someone thinking about getting involved?

People don't lie when they say **volunteering is rewarding**, I get to see young children become inspired and **develop a passion for a sport** which I love. I see them gain invaluable skills such as **teamwork**.

Tell us about your best volunteering experience....

A primary festival where I saw **every child** regardless of gender, build or background **competing together**.

How has volunteering affected your social life?

It has introduced me to more **like minded people**.