



## JOHN HADFIELD

Junior Coach  
Primary Carer

### How long have you been volunteering?

4 Years

### Why did you start volunteering and why do you continue to?

To **support both of my daughters**, I was approached by their netball club as I am a PE Officer to see if I'd like to start coaching, I wasn't already committed time bound so I thought why not?

### How has volunteering benefitted you?

I have met a lot of coaches and **learnt quickly**, how new and different styles are all usable to tailor make your own style of coaching

### Why would you recommend volunteering to someone thinking about getting involved?

Without doubt, when you see what you have developed and taught come off on court, there's no better feeling, **seeing players grow** and become better athletes by learning team and **personal ethics and values** and how to use them accordingly

### Tell us about your best volunteering experience....

It has but as one daughter moves onto University this will return slowly, what is nice though is when your friends and family always ask how netball and my daughters are getting on as they know how much time, effort and energy we all put in.

### How has volunteering affected your social life?

I am not a natural social soul... Yet I always support netball events which **makes me more confident**

### How has volunteering helped you in your professional career?

I am a PE OFFICER

It has helped me to be more patient and understanding, sometimes players develop at different speed and need more time to understand, you can't move on without the players getting it, try and try again, break it down, try a different approach or method