



NICOLE GARDNER

Coach

Player

Chairman of Preston netball club

Umpire

How long have you been volunteering?

8 Years

Why did you start volunteering and why do you continue to?

I love netball I love my club and the girls I help

How has volunteering benefitted you?

Too much to write. I am very **proud** of all the girls I coach

Why would you recommend volunteering to someone thinking about getting involved?

Because of the **impact** you have on **people's lives**

Tell us about your best volunteering experience....

Taking my under 16s on tour. Watching them become **stronger and more successful**

How has volunteering affected your social life?

Increased it.

How has volunteering helped you in your professional career?

Got me very far as people see I am committed and caring – I am a recruitment consultant.